

Reiki Relaxation & Healing Workshops

LEARN TO FEEL BETTER & TO HEAL BETTER

Learn practical techniques to help yourself & others enjoy greater health & well-being. Have you wanted to **learn to an easy way to reduce the stress you feel?** Have you ever wished there was more you could do for someone when they are sick or hurting? With Reiki (RAY-key) training you can. **Reiki is easy to learn, easy to do, and easy to incorporate into your life.**

Just gather a small group of friends, family, or co-workers who also want to learn a **safe, gentle, non-invasive healing practice that promotes balance in body, mind, and spirit**, and a workshop customized to your needs will be arranged. These are interactive, hands-on workshops with plenty of time to practice what you've learned, share experiences, and get your questions answered. Small, private group instruction ensures that you get the attention and the support you deserve.

GROUP WORKSHOP DETAILS

LEVEL 1: \$150 per person
Friday 6 to 9 pm &
Saturday 10 am to 5 pm

LEVEL 2: \$250 per person
Saturday 10 am to 5 pm

PLACE:
Camarillo, CA, or your nearby
location

DEPOSIT: Deposit of \$250 required for each group workshop (not individual). Deposits refunded for cancellations received at least 14 days prior to class. No refunds for late cancellations. Full-payment due day of class.

CE CREDIT for RNs: 9 contact hrs for Level I & 6 contact hrs for Level II workshop. Provider approved by the California Board of Registered Nurses, #CEP14149.

GROUP REGISTRATION

To arrange a group workshop, please first call (805) 643 4330.

ORGANIZER'S NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

E-MAIL _____

PHONE _____

WORKSHOP (CK ONE) LEVEL I _____ OR LEVEL II _____

CONFIRMED DATES _____

NUMBER OF PARTICIPANTS _____

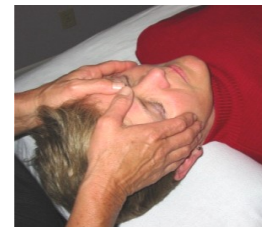
Once your registration form & deposit are received, you'll be sent a confirmation letter with workshop guidelines.

Please mail your registration form and deposit check to:
Bea Lutterbeck, RN • PO Box 3588 • Camarillo, CA 93011

WHAT YOU'LL LEARN

LEVEL 1 REIKI

- History & Evolution of Reiki
- Basics of Energy Medicine
- 12 Standard Hand Positions
- Reiki's Benefits
- Practical Applications
- Professional Practice
- Reiki Code of Ethics



REIKI TREATMENTS
Healing Body, Mind, Spirit

LEVEL 2 REIKI

- 3 Reiki Healing Symbols
- How to Use the Symbols
- Distant Healing Methods
- Introduction to Intuitive Reiki
- Reiki for Animals, Plants, etc.
- Optional Hand Positions

INSTRUCTOR

Bea Lutterbeck, RN, certified Reiki Master Teacher has been inspiring Reiki students for nearly 10 years. She is an experienced holistic nurse practitioner, trained & certified in several alternative and complementary healing modalities. Bea has a fun, practical & compassionate teaching style that makes learning Reiki a joyful, profoundly healing experience. Bea's website is www.reikinurse.net.

For more information or to arrange a group workshop, please contact

Bea Lutterbeck, RN, RMT (805) 643 4330

E-mail: bea@reikinurse.net Website: www.reikinurse.net